

Growing in Gratitude

November Sermon Series

Assessing Your Gratitude

Lesson One

What Is Gratitude?

The state of being grateful; warm and friendly feeling toward a benefactor; kindness awakened by a favor received; thankfulness.

Colossians 2:7 (NAS), Having been firmly rooted and now being built up in Him and established in your faith, just as you were instructed, and overflowing with gratitude.

1 Timothy 4:4 (NAS), For everything created by God is good, and nothing is to be rejected if it is received with gratitude.

Scripture Lesson: Luke 17:11-19 (NLT), As Jesus continued toward Jerusalem, he reached the border between Galilee and Samaria. As he entered a village there, ten men with leprosy stood at a distance, crying out, “Jesus, Master, have mercy on us!” He looked at them and said, “Go show yourselves to the priests.”[[]And as they went, they were cleansed of their leprosy

One of them, when he saw that he was healed, came back to Jesus, shouting, “Praise God!” He fell to the ground at Jesus’ feet, thanking him for what he had done. This man was a Samaritan. Jesus asked, “Didn’t I heal ten men? Where are the other nine? Has no one returned to give glory to God except this foreigner?” And Jesus said to the man, “Stand up and go. Your faith has healed you.

Lesson One: Assessing Your Gratitude

Recognition, Submission, and Conversion

1. Recognition - the act of recognizing someone or identifying something when you see it.

Luke 17:12, “As He entered a village there, ten men with leprosy stood at a distance.”

We never will develop a heart of gratitude until we first recognize that we were once spiritual lepers, standing at a distance in need of salvation and healing.

Leviticus 13:45 (NIV), "Anyone with such a defiling disease must wear torn clothes, let their hair be unkempt, cover the lower part of their face and cry out, 'Unclean! Unclean!'

Isaiah 64:6, “All of us have become like one who is unclean, and all our righteous acts are like filthy rags; we all shrivel up like a leaf, and like the wind our sins sweep us away.”

Until you establish an authentic recognition of your spiritual condition, you cannot internalize genuine godly gratitude.

**“Gratitude is the vitamin of the
soul”**

**2. Submission - to submit under the authority or power of someone else.
Luke 17:13, Crying out, “Jesus, Master, have mercy on us!”**

Mark 10:48, “Many rebuked him and told him to be quiet, but he shouted more, “Son of David, have mercy on me!”

Revelation 19:16, “On His robe and on His thigh, He has a name written, King of kings and Lord of Lords.”

The Believer's Submission:

- 1.The Believer Submits Willingly.**
- 2.The Believer Submits Confidently.**
- 3.The Believer Submits Actively.**
- 4.The Believer Submits Completely.**

**3. Conversion - a turning—a
spiritual turning away from sin in
repentance and to Christ in faith.**

Conversion Involves:

- 1. Change of Direction**
- 2. Change of Mind**
- 3. Change of View**
- 4. Change of Affection**
- 5. Change of Will**

Luke 17:19, “And Jesus said to the man, “Stand up and go. Your faith has healed you.”

**The truest gratitude comes
from an unquenchable awe at
God's gift of salvation.**

**Thankfulness becomes who we
are.**

**“The most beautiful way to start
and end the day is with a grateful
heart.”**